

Contents

7	A Message from the Author	40	Expectations
10	Introduction	41	Favours
10	How to Use This Resource	42	First Impressions
12	Age	43	Forgiveness/Trust
13	Attitude	44	Freedom
14	Be a Joiner	45	Friends
15	Be an Elephant	46	Getting Help
16	Be What You Want To Be	47	Good Days / Bad Days
17	Be Yourself	48	Happiness
18	Big Brother is Watching	49	Health
19	Books for Dummies	50	Hobbies
20	Boredom	51	Holidays
21	Borrowing	52	Humour
22	Censorship	53	I Wish I Hadn't Said That!
23	Challenges	54	Imagination
24	Change	55	Impatience
25	Chores	56	In an Instant
26	Complaints	57	Independence
27	Confrontation	58	Integrity
28	Coping	59	Intelligence
29	Decisions	60	Internet
30	Discovery	61	Inventions
31	Distractions	62	Kindness
32	Do Unto Others	63	Laziness
33	Donations	64	Learning
34	Drugs	65	Life Goals
35	Education	66	Life is Like a Cartoon
36	Effort	67	Luck
37	Encouragement	68	Making New Acquaintances
38	Environment	69	Mirror, Mirror on the Wall
39	Equality	70	Mistakes

71	Music	102	Song Lyrics
72	My Accomplishments	103	Stress
73	My Future	104	Success
74	My Personal Qualities	105	Take a Picture
75	Nationality	106	Taking Time Off
76	Nutrition	107	The New Language
77	Organization	108	The Working World
78	Originality	109	Teamwork
79	Our Environment	110	Technology
80	Overcoming Difficulties	111	Terrorism
81	Overcoming Obstacles	112	The Other Foot
82	Patience	113	The Power of a Smile
83	Personality Traits	114	The Speed of Life
84	Pets	115	Toughing It Out
85	Pictures	116	Toys
86	Potential	117	Travel
87	Procrastination	118	Value
88	Profanity	119	Violence
89	Quality of Life	120	War
90	Religion	121	Weddings
91	Reputation	122	Wisdom
92	Respect	123	What's Happening?
93	Response	124	You Won't Succeed
94	Risk	125	Your Own Choice
95	Routines	126	Your Rights
96	Rules	127	About the Author
97	Safety		
98	School		
99	Self-esteem/Self-respect		
100	Male / Female Roles		
101	Sleep		